



St. Michael's C.E. Junior School (Controlled)

Church Lane East, Aldershot, Hampshire, GU11 3SS
Headteacher: Mrs Lynne Hignett BA(Hons), NPQH

19th June 2017

Dear Parents/Carers

Year 6 **Sex and Relationships Education** will be week beginning 10th July 2017. Lessons will be led by class teachers, accompanied by the Channel 4's Living and Growing television programmes and will build upon previous learning in Year 5. Please see below for an outline of these four programmes. We will be holding two DVD preview sessions for any parents who would like to see the content of the programmes in advance. These will be on **Thursday 6th July**, at 3.30pm and **Friday 7th July**, at 8.15am. Lessons will be a mixture of separate boy/girl groups, normal classes and also year group sessions.

Parents have the right to withdraw their child from all or part of the sex education programme that we teach in our school. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Headteacher, and make it clear which aspects of the programme they do not wish their child to participate in.

'Boy Talk & Girl Talk'

- To consider the physical and emotional changes that take place as boys and girls go through puberty.
- To address the concerns and worries of young men and women.
- To make boys and girls more aware of the changes that occur as girls become young women.
- To make girls and boys more aware of the changes that occur as boys become young men.

'How Babies Are Made'

- To explain how babies are made
- To explore the idea of relationships, including friendships, parent-child and family relationships and adult sexual relationships.

The programme shows Leon and Codi finding out what it means to be special to someone, and what makes a good friend. The programme then focuses on the adults at the party and we see couples in a range of different relationships - married, unmarried and same-sex.

The programme looks at different relationships and leads towards the idea of a sexual relationship. Animation is used to describe sexual relationships and making love. We hear about the pleasant feelings making love generates and that ultimately making love is the process by which the sperm fertilises the egg to make a baby.

Through library film we see the actual moment of fertilisation, and the egg cell dividing to form an embryo.

'How Babies Are Born'

- To explain how a baby develops in the womb during pregnancy and how babies are born.
- To consider the needs of babies before and after birth.
- To enable children to reflect on roles and relationships in the family

The programme shows Kadie's Aunty Jo and her partner Richard visiting the hospital for an ultrasound scan. We see their baby in the womb. Through animated drawings we see how much the baby has grown. Leon and Kadie wonder what it is like in the womb. The importance of the umbilical cord is explained. Leon and Kadie ask how babies come out when they are ready to be born.

Through animation we see the baby in the womb being pushed through the cervix by muscle contractions. The animation then switches to film of a live birth and finally mum and dad holding their new baby. We see babies having their nappies changed, and the narrator tells us that babies have lots of needs and are very hard work. Finally, the narrator tells us that we are all very important and special.

We hope that this information is helpful and, as always, please contact us if you have any further questions.

Yours sincerely

Mr Hills



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