



# St. Michael's C.E. Junior School (Controlled)

Church Lane East, Aldershot, Hampshire, GU11 3SS  
Headteacher: Mrs Lynne Hignett BA(Hons), NPQH

19<sup>th</sup> June 2017

Dear Parents/Carers of Year 5

As part of our Sex Education unit of learning the classes will watch a DVD which introduces the main ideas and explains the subject in more detail, the classes will have the opportunity to discuss what they have seen. We will also split the boys and girls to further discuss elements of the unit that are pertinent to them.

We would like to invite you to view the DVD on Wednesday 28<sup>th</sup> June at 8:15am in 5S or on Thursday 29<sup>th</sup> June at 3:30pm in 5W. Children **are not** permitted to attend these parent only sessions. A crèche will be provided in 5G on Wednesday for the 8.30am session and in 4W on Thursday for the 3.30pm session. At this time you will be able to discuss any aspects of this learning with the Y5 team.

The Unit of learning is as follows:

Year 5 will be watching 'Changes'.

The aims of this programme are:

- \* To introduce children to the physical and emotional changes that occur during puberty
- \* To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control

In the programme Leon moves house and deals with this big change in his life. Leon and his friends reflect on how they have changed as they grow older. The children are seen at the swimming pool and we are introduced to the idea that as we grow older our bodies change and that these changes are natural. The physical changes during puberty are explained. Animation is used to describe the differences between male and female genitals. The word puberty is introduced and we are told that the changes which occur during puberty are so that when we grow up, if we choose to, we can make babies. The narrator reminds us that having a baby is something grown-ups may decide to do within a loving relationship.

If you do not wish your child to participate in part, or all of these lessons, then please contact your child's class teacher as soon as possible, either by dropping in after school or sending a message to the office. If we do not hear from parents we will assume this is permission for the children to participate.

Yours sincerely

Karen Booth  
Yr5 Leader



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